



- Competition Rules -

Organization:

Taekwondo Clube de Santo António dos Cavaleiros

Event Director:

Maria Emília Martins (+351.916886936)

Coordinator:

Paulo Jorge Martins (+351.912279394)

Support:

Portuguese Sports and Youth Institute – “Sports for All”
Loures Town Hall
Portuguese Taekwondo Federation

Referee:

The referee head team – IR Paulo Martins
Electronic Scoring System with 5 Poomsae judges each area

Place:

“Paz e Amizade” Sports hall
Avenida da República– Loures - Portugal
GPS: 38º 49' 45” N – 9º 9' 54” W

Date:

March 25, 2023

Timetable:

13:00 to 13:30 – Team check-in and accreditation
13:30 to 13:45 – Team Delegates Meeting
14:00 to 18:00 – Kup Competition
18:00 to 18:30 – Team Awards
18:30 – End of competition

Participation:

Only invited clubs, registration is limited
Open to all grades athletes, above 6 years old for Kup competitors

Equipment:



Kup must use only white collar Dobok, under penalty of direct disqualification

Kup Competition:

Categories	Age	Limit Birth Year	Sub-Categories
Under 7	6 to 7 years	2016 - 2017	K1 / K2
Under 9	8 to 9 years	2014 - 2015	K1 / K2
Under 11	10 to 11 years	2012 - 2013	K1 / K2
Under 14	12 to 14 years	2009 - 2011	K1 / K2
Under 17	15 to 17 years	2006 - 2008	K1 / K2
Under 30	18 to 30 years	1993 - 2005	K1 / K2
Under 40	31 to 40 years	1983 - 1992	K1 / K2
Under 50	41 to 50 years	1973 - 1982	K1 / K2
Over 51	51 or above	1972 and before	K1 / K2
1 st Pair	6 to 11 years	2012 - 2017	without sub-categories
2 nd Pair	12 to 17 years	2006 - 2011	without sub-categories
3 rd Pair	18 or above years	2005 and before	without sub-categories
1 st Trio	6 to 11 years	2012 - 2017	without sub-categories
2 nd Trio	12 to 17 years	2006 - 2011	without sub-categories
3 rd Trio	18 or above years	2005 and before	without sub-categories



Subcategories:

K1 – White belt to green/blue list belt (10 th Kup to 5 th Kup)	
K2 – Blue belt to red/black list belt (4 th Kup to 1 st Kup)	

Kup special rules:

Athletes perform two different Taegeuk of their choice, as shown in the table:

K1 – White belt to green/blue list belt (10 th Kup to 5 th Kup)	Taegeuk 1 / 2 / 3 / 4 / 5 (il, I, Sam, Sa, Oh)
K2 – Blue belt to red/black list belt (4 th Kup to 1 st Kup)	Taegeuk 4 / 5 / 6 / 7 / 8 (Sa, Oh, Yuk, Chil, Pal)

Athletes' 10th, 9th and 8th Kup can repeat Taegeuk 1 (il Chang).
Cut-off system; order by final classification (rank)

Deadline & Fees:

Deadline	Category	Fee
Up until 15 th March	KUP	13,00€ each inscription

The inscription fee is the amount payable by the club, for each entry (Individual / Pair / Trio)

There will be no tolerance regarding the deadlines mention ahead

Inscriptions will be validated only after payment confirmation made by money order to TCSAC bank account with IBAN: **PT50.0033.0000.45431330214.05** SWIFT Code: **BCOMPTPL**

Online inscriptions in <https://www.tpss2021.eu/>

Classifications:

Individual / Pairs / Trios – Kup
1 st Place – 7 points
2 nd Place – 3 points
3 rd Places – 1 point

Prizes:

Individual / Pairs / Trios – Kup
1 st Place – medal
2 nd Place – medal
3 rd Place – medal
3 rd Place – medal

The medals will be handed out on the podium just after the end of each category, with possibility of images being collected.

Teams	
Female Kup	Male Kup
1 st Place – Trophy	1 st Place – Trophy
2 nd Place – Trophy	2 nd Place – Trophy
3 rd Place – Trophy	3 rd Place – Trophy

The trophies will be delivered on the podium at the end of the Open, with the possibility of recording images.



Expenses and Medical Liability:

All expenses and medical liability will be the team's responsibility.
The organization is not responsible for any physical damage that may occur.
The organization is not liable for property damage that may occur during competition.

Protests:

It will be only allowed to protest for miscalculation in final score. The protest must be submitted in writing to the organization after the judges scoring publication, ten minutes afterwards, together with a deposit of **100€** (not refundable). Regardless of the organization decision, is not subject to appeal.

General Rules:

Regulations may change, in this case information will be provided as soon as possible.
Access to the competition area will be limited. Only accredited athletes and coaches have access to the competition area of the sports hall.
The contestants should act within the "Spirit of Taekwondo and Sports Ethics". They will act with civility, under penalty of their teams being expelled from the competition.
Clubs that sign up for the Open accept this regulation and authorize the collection and publication of images of their athletes and coaches for the purpose of publicizing this event.

Omissions:

If any missing / incongruity occur, it will be solved by the Open's Technical Committee and shall be definitive. The TC is composed by the Event's Director, Referee Head Team and other experienced referee initially nominated.

Organizing Committee





RESPONSIBILITY DECLARATION

The participation Club in the “7th TKDSAC Poomsae Kup Open 2023” taking place in March 25th 2023, automatically understands and authorizes:

1. Understand and accept the above-mentioned rules and regulations.
2. By registering the athletes through the represented Club, we confirm that all participants gather the necessary conditions for participations and have a valid mandatory sports insurance.
3. The Team delegate is responsible for all acts committed by team members and any associated people. As well as the responsibility for accompanying any athlete to the Hospital, in non-urgent medical situation.
4. The Club Delegate is responsible for all inscription data file information.
5. Also has the responsibility to collect all the participation permits by the guardians of minor athletes.
6. Authorizes the collection and publication of images of its athletes and coaches for the purpose of publicizing this event.